

## **Post-operative Instructions**

### **Percutaneous Implanted Bone Conduction Hearing Aids**

In these operations the implant protrudes through the skin.

#### **What to expect**

These operations are relatively minor and as such people recover well. Pain is minimal. There may be some mild swelling and numbness around the area. There will be a dressing around the implant and this should be left in place until the first post-op appointment.

#### **Discharge Medications**

Panadol and panadeine usually suffice. Stronger analgesics will also be prescribed on discharge in case they are required.

Oral antibiotics will also be provided for at least 10 days post operatively.

#### **Diet and Showers**

A normal diet is appropriate.

The area must be kept dry until the dressing is removed at the one-week appointment.

#### **Precautions**

Avoid strenuous activity for 1 to 2 weeks. Also avoid heights, ladders and other situations where a fall may be dangerous, particularly if you feel off-balance.

It is inadvisable to drive until you see me at the one-week postoperative appointment.

You must not operate machinery or make legally binding decisions for 24 hours.

#### **Return to Work/School**

Generally 1 week off is sufficient.

#### **What to watch out for and when to contact me**

The main concern with any implant surgery is infection. It is normal for the wound to be a little red. If you notice increasing redness, swelling, pus or discharge from the wound you must contact me.

**If you have any concerns please call my rooms during office hours or my mobile number after hours. You will find it on the front of the card with your post op appointment details. If you can't locate it please call the hospital (numbers below) and they will contact me.**

**In the unlikely event that I can't be contacted and the problem is urgent please proceed without delay to the nearest public Accident and Emergency Department.**

Rooms : 8363 0677

St Andrews : 84082111

Parkwynd : 82233294